

10km-Lauf

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| | Name | | Verein | | Zeit | | |
|------------|---------------------------------|-------------|-----------------------------------|--|--------------|--------------|------------|
| 1. | 220 Ayele, Dejen | 1991 | Sylphen | | 31:45 | 1.M20 | 1.M |
| 2. | 1594 Havenga, Henno | 1992 | TSV Cappel | | 31:58 | 2.M20 | 2.M |
| 3. | 239 Schraub, Dr.Markus | 1972 | SF Blau-Gelb Marburg | | 34:36 | 1.M45 | 3.M |
| 4. | 1571 Lakowski, Benjamin | 1983 | SV-Volpertshausen | | 34:42 | 1.M30 | 4.M |
| 5. | 1476 Girg, Sebastian | 1976 | TV-Braunfels | | 35:47 | 1.M40 | 5.M |
| 6. | 262 Sturm, Chris | 1980 | TSV Krofdorf-Gleiberg | | 35:51 | 1.M35 | 6.M |
| 7. | 192 Ortanderl, Janik | 1994 | TriTeam Gießen | | 35:53 | 3.M20 | 7.M |
| 8. | 412 Schaake, Sebastian | 1977 | Schunk läuft!/ Schunk Group | | 36:23 | 2.M40 | 8.M |
| 9. | 36 Backhaus, Jörg | 1977 | TSV Heuchelheim | | 36:23 | 3.M40 | 9.M |
| 10. | 1532 Da-Costa, Justino | 1962 | TVS Lindenhofshausen | | 36:50 | 1.M55 | 10.M |
| 11. | 139 Kressig, Franz | 1986 | ST Grün-Weiß-Lederkutte | | 36:55 | 2.M30 | 11.M |
| 12. | 33 Brodführer, Steven | 1995 | Rhön Panorama Hostel | | 37:07 | 4.M20 | 12.M |
| 13. | 382 Murmann, Jürgen | 1981 | Schunk läuft!/ Schunk Group | | 37:13 | 2.M35 | 13.M |
| 14. | 434 Raff, Matthias | 1982 | Space Party Crew Wetzlar | | 37:31 | 3.M35 | 14.M |
| 15. | 1584 Trenk, David | 1987 | Tri-Flow Bad Endbach | | 37:32 | 3.M30 | 15.M |
| 16. | 1583 Trenk, Lukas | 1991 | Tri-Flow Bad Endbach | | 37:37 | 5.M20 | 16.M |
| 17. | 25 Berg, Roman | 1971 | LG Ettingshausen/Laubach | | 37:40 | 2.M45 | 17.M |
| 18. | 890 Haustein, Sarah Nina | 1990 | Regierungspräsidium Gießen | | 38:11 | 1.W20 | 1.W |
| 19. | 406 Werner, Jan | 1987 | Schunk läuft!/ Schunk Group | | 38:15 | 4.M30 | 18.M |
| 20. | 471 Osman, Abdirahman Abdidi | 1994 | | | 38:23 | 6.M20 | 19.M |
| 21. | 215 Rieb, Jannis | 1986 | | | 38:47 | 5.M30 | 20.M |
| 22. | 475 Barakat, AbdelHadi | 1975 | | | 38:52 | 4.M40 | 21.M |
| 23. | 1531 Silva, Armenio | 1970 | TUS Lindenhofshausen | | 39:13 | 3.M45 | 22.M |
| 24. | 451 Wagner, Torsten | 1978 | Space Party Crew Wetzlar | | 39:26 | 4.M35 | 23.M |
| 25. | 387 Plutz, Jan | 1989 | Schunk läuft!/ Schunk Group | | 39:40 | 7.M20 | 24.M |
| 26. | 467 Menz, Philipp | 1988 | Schunk läuft!/ Schunk Group | | 39:41 | 8.M20 | 25.M |
| 27. | 172 Mehdi, Ait El Ghari | 1981 | Tarik & Co | | 39:43 | 5.M35 | 26.M |
| 28. | 263 Tanriverdi, Mehmet | 1962 | MTV 1846 Gießen | | 39:43 | 2.M55 | 27.M |
| 29. | 357 Haas, Philipp | 1993 | Schunk läuft!/ Schunk Group | | 39:50 | 9.M20 | 28.M |
| 30. | 119 Karger, Volker | 1971 | MTV 1846 Gießen | | 39:56 | 4.M45 | 29.M |
| 31. | 1586 Biedenkapp, Jochen | 1977 | TSV Kleinlinden | | 39:58 | 5.M40 | 30.M |
| 32. | 1025 Heilmann, Danny | 1985 | LGV Marathon Gießen | | 40:01 | 6.M30 | 31.M |
| 33. | 206 Ramdohr, Martin | 1969 | Laufftreff FeG Herborn | | 40:03 | 5.M45 | 32.M |
| 34. | 287 Will, Betty | 1996 | MTV 1846 Gießen | | 40:10 | 2.W20 | 2.W |
| 35. | 1541 Rybowiak, Volker | 1965 | Run Forrest Run | | 40:14 | 1.M50 | 33.M |
| 36. | 1590 Lendeckel, Stefan | 1967 | | | 40:33 | 2.M50 | 34.M |
| 37. | 130 Klös, Gunnar | 1973 | team-naunheim.de | | 40:38 | 6.M40 | 35.M |
| 38. | 1225 Sichau, Heiko | 1962 | KLATSCHMOHN | | 40:45 | 3.M55 | 36.M |
| 39. | 1163 Hahnfeld, Karin | 1974 | clox fitness gießen | | 40:46 | 1.W40 | 3.W |
| 40. | 1016 Marner, Michael | 1987 | Runtibiotics | | 40:51 | 7.M30 | 37.M |
| 41. | 1469 Möller, Thomas | 1975 | TriTeam Gießen | | 41:01 | 7.M40 | 38.M |
| 42. | 372 Koehler, Sebastian | 1991 | Schunk läuft!/ Schunk Group | | 41:18 | 10.M20 | 39.M |
| 43. | 1598 Lenz, Fabian | 1995 | TSV Klein-Linden | | 41:20 | 11.M20 | 40.M |

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| Name | Verein | Zeit | | | |
|------------------------------------|--|--------------|--------------|------------|--|
| 44. 276 Wagner, Niklas | 1991 StreetWorkout Gießen | 41:21 | 12.M20 | 41.M | |
| 45. 1445 Görres, Andreas | 1968 Dorf-Güll | 41:30 | 6.M45 | 42.M | |
| 46. 1539 Heinl, Sebastian | 1991 TV Bad Orb | 41:34 | 13.M20 | 43.M | |
| 47. 76 Trenk, Jonathan | 1986 | 41:35 | 8.M30 | 44.M | |
| 48. 1026 Huppmann, Matthias | 1964 LGV Marathon Gießen | 41:39 | 3.M50 | 45.M | |
| 49. 1028 Lauff, Oliver | 1964 LGV Marathon Gießen | 41:39 | 4.M50 | 46.M | |
| 50. 179 Möscheid, Max | 1994 TriTeam Gießen | 41:42 | 14.M20 | 47.M | |
| 51. 460 West, Christoph | 1986 | 41:51 | 9.M30 | 48.M | |
| 52. 1093 Mouhib, Tarik | 1982 Stadtverwaltung Gießen | 41:54 | 6.M35 | 49.M | |
| 53. 211 Reuter, Dr.Iris | 1961 SSC Hanau-Rodenbach | 41:57 | 1.W55 | 4.W | |
| 54. 1546 Moll, Andre | 1994 | 41:59 | 15.M20 | 50.M | |
| 55. 99 Hollubarsch, Tobias | 1993 | 42:07 | 16.M20 | 51.M | |
| 56. 149 Hohn, Uwe | 1967 | 42:08 | 5.M50 | 52.M | |
| 57. 1606 Zöckler, Nicholas | 1992 Katrine e.V | 42:21 | 17.M20 | 53.M | |
| 58. 1544 Schulze- Velmede, Gerhard | 1956 RP Gießen | 42:23 | 1.M60 | 54.M | |
| 59. 1575 Köhler, Christian | 1986 Gießener Rudergesellschaft 1877 e. V. | 42:24 | 10.M30 | 55.M | |
| 60. 453 Strauch, Sebastian | 1985 Space Party Crew Wetzlar | 42:28 | 11.M30 | 56.M | |
| 61. 1032 Schnitker, Sven | 1977 LGV Marathon Gießen | 42:32 | 8.M40 | 57.M | |
| 62. 1607 Pfütze, Konrad | 1988 TH Mittelhessen | 42:32 | 18.M20 | 58.M | |
| 63. 227 Saul, Sebastian | 1986 DER Touristik Frankfurt | 42:33 | 12.M30 | 59.M | |
| 64. 217 Rohrbach, Jens | 1983 Was is dann heut schon widder los? | 42:45 | 13.M30 | 60.M | |
| 65. 237 Schneider, Ralf | 1966 Hüttenberger Land Läufer | 42:50 | 6.M50 | 61.M | |
| 66. 1159 Winkeler, Tobias | 1988 clox fitness gießen | 42:52 | 19.M20 | 62.M | |
| 67. 1535 Carl, Luis | 2004 team-naunheim.de | 43:10 | | 63.M | |
| 68. 1578 Bourcarde, Markus | 1965 team-naunheim.de | 43:11 | 7.M50 | 64.M | |
| 69. 1585 Stricker, Sebastian | 1992 | 43:12 | 20.M20 | 65.M | |
| 70. 20 Belke, Michael | 1993 | 43:13 | 21.M20 | 66.M | |
| 71. 768 Neuhaus, Philipp | 1992 | 43:15 | 22.M20 | 67.M | |
| 72. 927 Brell, Sascha | 1981 FFT Produktionssysteme GmbH & | 43:19 | 7.M35 | 68.M | |
| 73. 160 Lowak, Günter | 1953 LGV Marathon Giessen | 43:20 | 2.M60 | 69.M | |
| 74. 232 Schieferstein, Michael | 1964 Dautphetal | 43:25 | 8.M50 | 70.M | |
| 75. 1440 Brandenburger, Florian | 1988 | 43:31 | 23.M20 | 71.M | |
| 76. 112 Schneider, Felix | 1985 | 43:34 | 14.M30 | 72.M | |
| 77. 734 Brietzke, Jochen | 1960 Stadtwerke Gießen AG | 43:38 | 4.M55 | 73.M | |
| 78. 176 Molitor, Wakson | 1982 | 43:42 | 8.M35 | 74.M | |
| 79. 148 Mohr, Christoph | 1986 TSV Grünberg | 43:42 | 15.M30 | 75.M | |
| 80. 77 Grund, Elli | 1994 VLG Eisenbach | 43:45 | 3.W20 | 5.W | |
| 81. 1589 Olemotz, Lara | 1997 TSV Londorf | 43:52 | 4.W20 | 6.W | |
| 82. 323 Miethke, Oliver | 1976 BW Teichwiese | 43:55 | 9.M40 | 76.M | |
| 83. 1123 Wolf, Michaela | 1964 UKGM | 43:59 | 1.W50 | 7.W | |
| 84. 28 Bitsch, Alexander | 1979 | 44:02 | 9.M35 | 77.M | |
| 85. 272 Trinklein, Markus | 1973 Fit fürs Feuer / FF Linden | 44:05 | 10.M40 | 78.M | |
| 86. 352 Ebel, Erich | 1990 Schunk läuft!// Schunk Group | 44:10 | 24.M20 | 79.M | |

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| Name | Verein | Zeit | | | |
|-------------------------------------|---|--------------|--------------|-------------|--|
| 87. 1031 Mulch, Norbert | 1953 LGV Marathon Gießen | 44:14 | 3.M60 | 80.M | |
| 88. 1022 Butz, Franz | 1969 LGV Marathon Gießen | 44:18 | 7.M45 | 81.M | |
| 89. 1485 Dhina, Samir | 1970 MPT Istres | 44:25 | 8.M45 | 82.M | |
| 90. 1559 Lanz, Hartmut | 1975 | 44:31 | 11.M40 | 83.M | |
| 91. 291 Wissner, Jürgen | 1951 TSG Lollar | 44:34 | 1.M65 | 84.M | |
| 92. 35 Burgard, Sven | 1972 TSV Kleinlinden | 44:37 | 9.M45 | 85.M | |
| 93. 1611 Heß, Christof | 1972 LT Weimar | 44:38 | 10.M45 | 86.M | |
| 94. 1542 Sommerfeld, Christoph | 1981 SV Queckborn | 44:38 | 10.M35 | 87.M | |
| 95. 267 Tietz, Torsten | 1971 Lauftreff Butzbach | 44:44 | 11.M45 | 88.M | |
| 96. 1526 Göstl, Armin | 1964 | 44:45 | 9.M50 | 89.M | |
| 97. 692 Weninger, Andreas | 1983 METTLER TOLEDO | 44:47 | 16.M30 | 90.M | |
| 98. 56 Frank, Brieger | 1965 Team Erdinger Alkoholfrei | 44:49 | 10.M50 | 91.M | |
| 99. 126 Kirsten, Lee | 1988 Laufschule Marburg | 44:49 | 25.M20 | 92.M | |
| 100. 1240 Herold, Jonas | 1991 | 45:00 | 26.M20 | 93.M | |
| 101. 218 Bern, Andreas | 1973 MTV Gießen | 45:01 | 12.M40 | 94.M | |
| 102. 435 Loh, Thomas | 1985 Space Party Crew Wetzlar | 45:06 | 17.M30 | 95.M | |
| 103. 233 Schiewe, Holger | 1965 Treiser LTW | 45:07 | 11.M50 | 96.M | |
| 104. 147 Laun, Silke | 1972 ASC Licher Wald | 45:07 | 1.W45 | 8.W | |
| 105. 420 Zluga, Gerfried | 1982 WOF | 45:12 | 11.M35 | 97.M | |
| 106. 221 Roth, Karl | 1957 team-naunheim.de | 45:12 | 4.M60 | 98.M | |
| 107. 612 Dietsch, René | 1980 Dekra Gießen | 45:22 | 12.M35 | 99.M | |
| 108. 90 Helm, Bernd | 1961 Die Weissen | 45:29 | 5.M55 | 100.M | |
| 109. 1287 Waldschmidt, Ullrich | 1957 | 45:30 | 5.M60 | 101.M | |
| 110. 181 Müller, Niklas | 1993 StreetWorkout Gießen | 45:31 | 27.M20 | 102.M | |
| 111. 1593 Domes, Bernd- Uwe | 1960 Laufteam Gedern | 45:47 | 6.M55 | 103.M | |
| 112. 1608 Kinzenbach, Björn | 1984 | 45:48 | 18.M30 | 104.M | |
| 113. 1574 Linshäft, Christoph | 1982 | 46:02 | 13.M35 | 105.M | |
| 114. 404 Van Dekken, Dennis | 1991 Schunk läuft!/ Schunk Group | 46:11 | 28.M20 | 106.M | |
| 115. 212 Rexin, Sascha | 1973 TSV Kleinlinden | 46:16 | 13.M40 | 107.M | |
| 116. 1579 Waldschmidt, Greta | 1993 | 46:16 | 5.W20 | 9.W | |
| 117. 104 Hubert, Jens | 1986 team-naunheim.de | 46:16 | 19.M30 | 108.M | |
| 118. 1527 Askar, Ahmad | 1991 | 46:19 | 29.M20 | 109.M | |
| 119. 732 Heberlein, Mirko | 1974 Stadtwerke Gießen AG | 46:20 | 14.M40 | 110.M | |
| 120. 457 Malcharek, Alexander | 1974 Space Party Crew Wetzlar | 46:20 | 15.M40 | 111.M | |
| 121. 400 Stein, Michael | 1971 Schunk läuft!/ Schunk Group | 46:22 | 12.M45 | 112.M | |
| 122. 296 Zittlau, Werner | 1951 Laufschule Marburg / TSV Cappel | 46:30 | 2.M65 | 113.M | |
| 123. 1597 Walter, Theresa | 1990 ASICS Fronrunner | 46:31 | 6.W20 | 10.W | |
| 124. 121 Kaul, Larissa | 1993 MTV Gießen | 46:33 | 7.W20 | 11.W | |
| 125. 1466 Domes, Marianne | 1951 SV Dodenhausen | 46:34 | 1.W65 | 12.W | |
| 126. 1447 Braun, Peter | 1975 Dorf-Güll | 46:34 | 16.M40 | 114.M | |
| 127. 136 Kraushaar, Axel | 1959 ASC Licher Wald | 46:37 | 7.M55 | 115.M | |
| 128. 736 Bach, Chiara | 1996 Baum- und Gartenwelt Kernberg | 46:42 | 8.W20 | 13.W | |
| 129. 18 Becker, Michael | 1963 TV Herbom | 46:47 | 12.M50 | 116.M | |

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| Name | Verein | Zeit | | | |
|--|---|--------------|---------------|-------------|--|
| 130. 1591 Lendeckel, Friederike | 1975 | 46:48 | 2.W40 | 14.W | |
| 131. 1505 Scherer, Andreas | 1965 TV Pohl-Göhs | 46:50 | 13.M50 | 117.M | |
| 132. 115 Jüstel-Frank, Steffi | 1978 TV Großen-Linden | 46:51 | 1.W35 | 15.W | |
| 133. 1582 Lusky, Daniel | 1982 | 46:55 | 14.M35 | 118.M | |
| 134. 699 Binz, Rebekka | 1984 Praxisteam Dr. Ulrich Hentschel | 46:56 | 1.W30 | 16.W | |
| 135. 198 Paul, Laura | 1993 StreetWorkout Gießen | 46:57 | 9.W20 | 17.W | |
| 136. 228 Schaefer, Paula | 1998 StreetWorkout Gießen | 46:57 | 1.WU20 | 18.W | |
| 137. 1481 Becker, Axel | 1966 MTV 1846 Gießen | 47:02 | 14.M50 | 119.M | |
| 138. 1534 Weinbrenner, Jörg | 1965 TSG Leingestern | 47:09 | 15.M50 | 120.M | |
| 139. 812 Häusler, Wendelin | 1946 STADT-LAUF-TREFF Gießen | 47:13 | 1.M70 | 121.M | |
| 140. 1015 Schuler, Sören | 1985 Runtibiotics | 47:17 | 20.M30 | 122.M | |
| 141. 1415 Engel, Thomas | 1965 TV 07 Watzenborn-Steinberg | 47:22 | 16.M50 | 123.M | |
| 142. 150 Bräunig, Marko | 1969 | 47:28 | 13.M45 | 124.M | |
| 143. 897 Falgenhauer, Michael | 1988 TH Mittelhessen | 47:30 | 30.M20 | 125.M | |
| 144. 696 Marx, Sören | 1989 Praxisteam Dr. Ulrich Hentschel | 47:33 | 31.M20 | 126.M | |
| 145. 518 Hölkeskamp, Sven | 1980 Clemens-Bretano-Europaschule Lollar | 47:35 | 15.M35 | 127.M | |
| 146. 166 Marscholl, Elena | 1989 TV Herborn | 47:42 | 10.W20 | 19.W | |
| 147. 1390 Can, Mahsuni | 1969 CAN-Automobile | 47:53 | 14.M45 | 128.M | |
| 148. 39 de Haas, Benjamin | 1982 | 48:00 | 16.M35 | 129.M | |
| 149. 12 Basseler, Michael | 1976 LC Töwerland | 48:00 | 17.M40 | 130.M | |
| 150. 1338 Hartel, Dennis | 1989 Day Night Sports | 48:00 | 32.M20 | 131.M | |
| 151. 1538 Ascher, Matthias | 1964 RG Klein- Linden | 48:05 | 17.M50 | 132.M | |
| 152. 1321 Gerhard, Martin | 1962 | 48:06 | 8.M55 | 133.M | |
| 153. 1339 Schallau, Julia | 1988 Day Night Sports | 48:06 | 11.W20 | 20.W | |
| 154. 64 Gerber, Patrick | 1974 Urbann Runners Frankfurt | 48:07 | 18.M40 | 134.M | |
| 155. 259 Stöhr, Philipp | 1992 | 48:12 | 33.M20 | 135.M | |
| 156. 1045 Scheil, Carsten | 1971 | 48:16 | 15.M45 | 136.M | |
| 157. 151 Lehr, Dr.Tobias | 1975 Sandfeld Runners / SP Gießen | 48:21 | 19.M40 | 137.M | |
| 158. 1533 Bitte melden!, | | 48:25 | | | |
| 159. 1600 Weis, Holger | 1969 WSV Hellas Gießen | 48:25 | 16.M45 | 138.M | |
| 160. 1609 Adolph, Marc | 1970 Treiser LTW | 48:26 | 17.M45 | 139.M | |
| 161. 275 von der Grün, Florian | 1989 | 48:30 | 34.M20 | 140.M | |
| 162. 1160 Stumpf, Johannes | 1985 clox fitness gießen | 48:31 | 21.M30 | 141.M | |
| 163. 290 Wischnewski, Marc | 1974 | 48:32 | 20.M40 | 142.M | |
| 164. 54 Fink, Dr.Matthias | 1977 | 48:32 | 21.M40 | 143.M | |
| 165. 1547 Prass, Dominic | 1988 | 48:34 | 35.M20 | 144.M | |
| 166. 173 Meinel, Renate | 1968 treiser LWT | 48:34 | 2.W45 | 21.W | |
| 167. 1515 Reuter, Thomas | 1965 Silijutia Fun | 48:35 | 18.M50 | 145.M | |
| 168. 1509 Griese, Sven | 1970 | 48:35 | 18.M45 | 146.M | |
| 169. 1154 Hummel, Jonas | 1992 clox fitness gießen | 48:37 | 36.M20 | 147.M | |
| 170. 85 Hackbarth, Michel | 1991 Rangi-Changi Team | 48:40 | 37.M20 | 148.M | |
| 171. 164 Mann, Markus | 1967 | 48:40 | 19.M50 | 149.M | |
| 172. 1602 Küster, Vesna | 1972 MTV | 48:40 | 3.W45 | 22.W | |

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| | Name | Verein | Zeit | | |
|-------------|-----------------------------------|--|--------------|---------------|-------------|
| 173. | 80 Grupp, Stephan | 1987 | 48:44 | 22.M30 | 150.M |
| 174. | 1425 Hauke, Simon | 1974 MTV 1846 Gießen | 48:47 | 22.M40 | 151.M |
| 175. | 131 Klußmann, Martin | 1976 | 48:47 | 23.M40 | 152.M |
| 176. | 1126 Fischer, Arnt | 1980 UKGM | 48:54 | 17.M35 | 153.M |
| 177. | 1572 Mutschler, Claudine | 1991 SG Motor Linden | 48:59 | 12.W20 | 23.W |
| 178. | 1573 Enners Knut, | 1977 SG Motor Linden | 48:59 | 24.M40 | 154.M |
| 179. | 163 Lück, Martin | 1976 Löwt für mehr Zeit | 49:10 | 25.M40 | 155.M |
| 180. | 288 Willner, Volker | 1966 | 49:12 | 20.M50 | 156.M |
| 181. | 1034 Keller , Arnold | 1956 Agentur für Arbeit Gießen | 49:15 | 6.M60 | 157.M |
| 182. | 1423 Ekert, Felix | 1996 SPD Gießen | 49:17 | 38.M20 | 158.M |
| 183. | 1580 Tamme, Petra | 1958 | 49:19 | 2.W55 | 24.W |
| 184. | 1577 Lucke, Sirho | 1966 TVT | 49:28 | 21.M50 | 159.M |
| 185. | 274 Velner, Thorben | 1995 | 49:32 | 39.M20 | 160.M |
| 186. | 1100 Freund, Tina | 1978 Stadtverwaltung Gießen | 49:35 | 2.W35 | 25.W |
| 187. | 458 Will, Lars | 1981 Space Party Crew Wetzlar | 49:36 | 18.M35 | 161.M |
| 188. | 1432 Lohse, Katrin | 1976 LG Dill | 49:38 | 3.W40 | 26.W |
| 189. | 512 Wagner, Philipp | 1985 Clemens-Bretano-Europaschule Lollar | 49:44 | 23.M30 | 162.M |
| 190. | 1245 Scheld, Marius | 1989 | 49:44 | 40.M20 | 163.M |
| 191. | 1246 Gebhard, Björn | 1983 | 49:46 | 24.M30 | 164.M |
| 192. | 255 Springer, Florian | 1990 RETTUNGSLÄUFER | 49:48 | 41.M20 | 165.M |
| 193. | 6 Arida, Melanie | 1982 | 49:49 | 3.W35 | 27.W |
| 194. | 1042 Berg, Johanna | 1990 Agentur für Arbeit Gießen | 49:54 | 13.W20 | 28.W |
| 195. | 208 Reeh, Tim | 1991 | 49:56 | 42.M20 | 166.M |
| 196. | 1043 Schmidt, Uwe | 1963 STADT-LAUF-TREFF Gießen | 49:58 | 22.M50 | 167.M |
| 197. | 1601 Schmidt, Philipp | 1980 Fit Hoch 3 | 50:00 | 19.M35 | 168.M |
| 198. | 575 Hohenbild, Felix | 1995 Baum- und Gartenwelt Kernberg | 50:02 | 43.M20 | 169.M |
| 199. | 169 Mattheis, Andreas | 1966 | 50:06 | 23.M50 | 170.M |
| 200. | 551 Nauheimer, Ingo | 1979 Summergroh + Compagnie | 50:07 | 20.M35 | 171.M |
| 201. | 447 Göschl, Claudia | 1990 Space Party Crew Wetzlar | 50:11 | 14.W20 | 29.W |
| 202. | 448 Schönmann, Rabea | 1989 Space Party Crew Wetzlar | 50:11 | 15.W20 | 30.W |
| 203. | 81 Güngerich, Dr.Martin | 1975 Laufschule Marburg | 50:12 | 26.M40 | 172.M |
| 204. | 1 Abrie, Marc | 1978 Bodyshock | 50:16 | 21.M35 | 173.M |
| 205. | 401 Theimer, Martin | 1971 Schunk läuft!/ Schunk Group | 50:16 | 19.M45 | 174.M |
| 206. | 134 Körper, Dennis | 1981 | 50:16 | 22.M35 | 175.M |
| 207. | 238 Schoor, Kai | 1990 | 50:21 | 44.M20 | 176.M |
| 208. | 1414 Runte, Irmgard | 1956 TSV Korbach | 50:23 | 1.W60 | 31.W |
| 209. | 476 Reissner-Payer, Katrin | 1975 | 50:26 | 4.W40 | 32.W |
| 210. | 1521 Ester, Kathrin | 1967 LTE Laubach | 50:27 | 2.W50 | 33.W |
| 210. | 1522 Ester, Bernd | 1965 LTE Laubach | 50:27 | 24.M50 | 177.M |
| 212. | 1024 Graulich, Ruth | 1969 LGV Marathon Gießen | 50:35 | 4.W45 | 34.W |
| 213. | 821 Dort, Wilfried | 1953 Sparkasse Gießen | 50:35 | 7.M60 | 178.M |
| 214. | 128 Kliebe, Robert | 1951 | 50:40 | 3.M65 | 179.M |
| 215. | 1002 Köller, Hans | 1947 LGV Marathon Gießen | 50:41 | 2.M70 | 180.M |

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| Name | Verein | Zeit | | | |
|---------------------------------------|---|--------------|---------------|-------------|--|
| 216. 410 Lang, Benjamin | 1996 Schunk läuft!/ Schunk Group | 50:49 | 45.M20 | 181.M | |
| 217. 675 Hedderich, Ulli | 1969 AGAPLESION EVANGELISCHES | 50:52 | 5.W45 | 35.W | |
| 218. 325 Zeriouh, Rachid | 1979 BW Teichwiese | 50:54 | 23.M35 | 182.M | |
| 219. 1605 Meinhardt, Katharina | 1991 | 51:08 | 16.W20 | 36.W | |
| 220. 814 Hahn, Freimut | 1963 STADT-LAUF-TREFF Gießen | 51:14 | 25.M50 | 183.M | |
| 221. 581 Appel, Milena | 1995 Baum- und Gartenwelt Kernberg | 51:28 | 17.W20 | 37.W | |
| 222. 63 Geisberger, Anton | 1952 MTV 1846 Gießen | 51:30 | 4.M65 | 184.M | |
| 223. 234 Schmidt, Anna | 1988 | 51:31 | 18.W20 | 38.W | |
| 224. 424 Ernstberger, Hans | 1954 WOF | 51:34 | 8.M60 | 185.M | |
| 225. 1324 Neu, Nico | 1990 | 51:34 | 46.M20 | 186.M | |
| 226. 16 Becker, Constanze | 1994 TV Herborn | 51:35 | 19.W20 | 39.W | |
| 227. 373 Kudrja, Andrey | 1972 Schunk läuft!/ Schunk Group | 51:39 | 20.M45 | 187.M | |
| 228. 433 Trojan, Mathias | 1967 Space Party Crew Wetzlar | 51:40 | 26.M50 | 188.M | |
| 229. 17 Becker, Kerstin | 1964 TV Herborn | 51:42 | 3.W50 | 40.W | |
| 230. 1323 Täscher, Kevin | 1991 | 51:49 | 47.M20 | 189.M | |
| 231. 226 Saul, Matthias | 1972 | 51:50 | 21.M45 | 190.M | |
| 232. 205 Rainer, Leo | 1973 StreetWorkout Gießen | 51:52 | 5.W40 | 41.W | |
| 233. 240 Schröder, Victoria | 1994 | 51:53 | 20.W20 | 42.W | |
| 234. 1540 Helm, Ina | 1973 | 51:54 | 6.W40 | 43.W | |
| 235. 1236 Sima, Johanna Marie | 2001 | 52:12 | 1.WU18 | 44.W | |
| 236. 552 Gotz, Benjamin | 1989 Sumnergroh + Compagnie | 52:13 | 48.M20 | 191.M | |
| 237. 1235 Walpuski, Monika | 1999 | 52:13 | 2.WU20 | 45.W | |
| 238. 51 Etz, Christoph | 1959 Lauftreff FeG Herbronn | 52:20 | 9.M55 | 192.M | |
| 239. 1101 Krieg, Andreas | 1972 Stadtverwaltung Gießen | 52:23 | 22.M45 | 193.M | |
| 240. 1592 Stölzel, Daniel | 1978 | 52:24 | 24.M35 | 194.M | |
| 241. 1155 Malek, Joshua | 1996 clox fitness gießen | 52:26 | 49.M20 | 195.M | |
| 242. 1545 Arslan, Murat | 1974 RP Gi | 52:30 | 27.M40 | 196.M | |
| 243. 1021 Altmannsberger, Johannes | 1974 LGV Marathon Gießen | 52:30 | 28.M40 | 197.M | |
| 244. 1033 Völk, Manfred | 1963 LGV Marathon Gießen | 52:34 | 27.M50 | 198.M | |
| 245. 27 Bienicke, Beate | 1968 | 52:36 | 6.W45 | 46.W | |
| 246. 1397 Ludwig, Marco | 2000 CAN-Automobile | 52:46 | 1.MU18 | 199.M | |
| 247. 223 Rothenbacher, Markus | 1970 DER Touristik Frankfurt | 52:47 | 23.M45 | 200.M | |
| 248. 1461 Strittmatter, Yannik | 1998 | 52:53 | 1.MU20 | 201.M | |
| 249. 894 Pankratz, Monika | 1957 | 52:56 | 2.W60 | 47.W | |
| 250. 1604 Zörb, Sebastian | 1990 | 52:58 | 50.M20 | 202.M | |
| 251. 428 Walter, Karin | 1965 WOF | 52:59 | 4.W50 | 48.W | |
| 252. 201 Platt, Ralf | 1959 | 52:59 | 10.M55 | 203.M | |
| 253. 1391 Can, Jacob | 2001 CAN-Automobile | 52:59 | 2.MU18 | 204.M | |
| 254. 827 Frankiewicz, Nicole | 1995 Sparkasse Gießen | 53:00 | 51.M20 | 205.M | |
| 255. 1238 Lückert, Anne | 1996 | 53:03 | 21.W20 | 49.W | |
| 256. 1239 Berres, Philipp | 1992 | 53:03 | 52.M20 | 206.M | |
| 257. 82 Haag, Marius | 1993 | 53:04 | 53.M20 | 207.M | |
| 258. 167 Biedenkapp, Friedhelm | 1951 TSG Merlau | 53:04 | 5.M65 | 208.M | |

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| Name | Verein | Zeit | | | |
|--|---|--------------|---------------|-------------|--|
| 259. 554 Groh, Oliver | 1971 Summergroh + Compagnie | 53:18 | 24.M45 | 209.M | |
| 260. 895 Anton, Myriam | 1989 TH Mittelhessen | 53:20 | 22.W20 | 50.W | |
| 261. 246 Boßler, Ralph | 1972 Sylphen | 53:24 | 25.M45 | 210.M | |
| 262. 462 Gronewoller, Jessica | 1993 FeG Gießen | 53:27 | 23.W20 | 51.W | |
| 263. 120 Karut, Pierre | 1968 DER Touristik Frankfurt | 53:28 | 26.M45 | 211.M | |
| 264. 402 Theis, Michael | 1965 Schunk läuft!/ Schunk Group | 53:33 | 28.M50 | 212.M | |
| 265. 1595 Brandt, Marieke | 1990 ST Grün-Weiß-Lederkutte | 53:37 | 24.W20 | 52.W | |
| 266. 1092 Meckel, Rainer | 1962 Stadtverwaltung Gießen | 53:39 | 11.M55 | 213.M | |
| 267. 673 Sticher, PD Dr. Jochem | 1956 AGAPLESION EVANGELISCHES | 53:44 | 9.M60 | 214.M | |
| 268. 1125 Wagner, Bettina | 1967 UKGM | 53:44 | 5.W50 | 53.W | |
| 269. 473 Caliskan, Fatih | 1982 | 53:52 | 25.M35 | 215.M | |
| 270. 1107 Schmitz, Götz | 1993 Stadtverwaltung Gießen | 53:55 | 54.M20 | 216.M | |
| 271. 219 Rosenberg, Ruth | 1954 TC Linden | 54:03 | 3.W60 | 54.W | |
| 272. 513 Saul, Martin | 1970 Clemens-Bretano-Europaschule Lollar | 54:07 | 27.M45 | 217.M | |
| 273. 516 Seegräber, Ruth | 1971 Clemens-Bretano-Europaschule Lollar | 54:08 | 7.W45 | 55.W | |
| 274. 1396 Ludwig, Martin | 1962 CAN-Automobile | 54:18 | 12.M55 | 218.M | |
| 275. 1452 Baier, Stefanie | 1984 Treiser LTW | 54:18 | 2.W30 | 56.W | |
| 276. 1243 Heinz, Malte | 1977 | 54:18 | 29.M40 | 219.M | |
| 277. 96 Holes, Hendrik | 1997 | 54:19 | 55.M20 | 220.M | |
| 278. 61 Fuchs, Johanna | 1990 | 54:21 | 25.W20 | 57.W | |
| 279. 813 Hahn, Claudia | 1969 STADT-LAUF-TREFF Gießen | 54:24 | 8.W45 | 58.W | |
| 280. 124 Keul, Felix | 1992 | 54:26 | 56.M20 | 221.M | |
| 281. 37 David, Lena | 1995 | 54:27 | 26.W20 | 59.W | |
| 282. 1503 Walter, Hans | 1941 TV Pohl-Göhs | 54:31 | 1.M75 | 222.M | |
| 283. 258 Steinbeck, Luca | 1988 | 54:38 | 57.M20 | 223.M | |
| 284. 578 Bach, Christian | 1963 Baum- und Gartenwelt Kernberg | 54:54 | 29.M50 | 224.M | |
| 285. 511 Lengenber, Christina | 1985 Clemens-Bretano-Europaschule Lollar | 54:59 | 3.W30 | 60.W | |
| 286. 712 Wälde, William | 1988 Roadrunners/THM | 55:02 | 58.M20 | 225.M | |
| 287. 411 Plefka, Matthias | 1976 Schunk läuft!/ Schunk Group | 55:05 | 30.M40 | 226.M | |
| 288. 333 Jengert-Stahl, Johanna | 1991 | 55:06 | 27.W20 | 61.W | |
| 289. 1530 Vogel, Ursula | 1966 TSV Allendorf | 55:10 | 6.W50 | 62.W | |
| 290. 188 Nilwarn, Gajanan | 1978 DER Touristik Frankfurt | 55:14 | 26.M35 | 227.M | |
| 291. 572 Ludwig, Matthias | 1967 Baum- und Gartenwelt Kernberg | 55:15 | 30.M50 | 228.M | |
| 292. 1157 Göttlich, Richard | 1969 clox fitness gießen | 55:17 | 28.M45 | 229.M | |
| 293. 1556 Schmeißer, Andreas | 1954 MTV Gießen | 55:33 | 10.M60 | 230.M | |
| 294. 294 Wollenweber, Uwe | 1962 LSV Porz / Köln | 55:33 | 13.M55 | 231.M | |
| 295. 89 Hauschild, Michael | 1995 | 55:34 | 59.M20 | 232.M | |
| 296. 125 Kirch, Sonja | 1994 | 55:34 | 28.W20 | 63.W | |
| 297. 1536 Kirschbaum, Rainer | 1974 TSV Krofdorf-Gleiberg | 55:42 | 31.M40 | 233.M | |
| 298. 107 Märzhauser, Jutta | 1958 | 55:53 | 3.W55 | 64.W | |
| 299. 1142 Wrobel, Piet | 1988 UKGM | 55:53 | 60.M20 | 234.M | |
| 300. 1103 Auer, Marina | 1961 Stadtverwaltung Gießen | 55:56 | 4.W55 | 65.W | |
| 301. 326 Sabino, Brayen | 1993 BW Teichwiese | 55:56 | 61.M20 | 235.M | |

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| | Name | Verein | Zeit | | |
|-------------|-------------------------------------|---|----------------|---------------|-------------|
| 302. | 92 Henning, Michelle | 1993 | 55:57 | 29.W20 | 66.W |
| 303. | 197 Patrik, Schneider | 1989 | 56:00 | 62.M20 | 236.M |
| 304. | 236 Schneider, Michael | 1961 team-naunheim.de | 56:01 | 14.M55 | 237.M |
| 305. | 442 Sapauschke, Jörg | 1964 Space Party Crew Wetzlar | 56:02 | 31.M50 | 238.M |
| 306. | 365 Hofmann, Lukas | 1992 Schunk läuft!/ Schunk Group | 56:06 | 63.M20 | 239.M |
| 307. | 322 Kern, Thomas | 1981 BW Teichwiese | 56:12 | 27.M35 | 240.M |
| 308. | 811 Fischer, Cathleen | 1980 STADT-LAUF-TREFF Gießen | 56:12 | 4.W35 | 67.W |
| 309. | 1588 Sinder, Katharina | 1989 | 56:31 | 30.W20 | 68.W |
| 310. | 1587 Burkart, Sarah | 1984 | 56:31 | 4.W30 | 69.W |
| 311. | 1610 Metz, Yannik | 1992 | 56:34 | 64.M20 | 241.M |
| 312. | 11 Barfuss, Heinz | 1952 TSV Krofdorf-Gleiberg | 56:59 | 6.M65 | 242.M |
| 313. | 1599 Meinhardt, Matthias | 1958 | 57:07 | 15.M55 | 243.M |
| 314. | 1537 Liedke, Aline | 1991 MTV Gießen | 57:23 | 31.W20 | 70.W |
| 315. | 204 Qiu, Hongcheng | 1990 | 57:27 | 65.M20 | 244.M |
| 316. | 826 Dornbusch, Thorben | 1983 Sparkasse Gießen | 57:34 | 25.M30 | 245.M |
| 317. | 553 Held, Linda | 1993 Sumnergroh + Compagnie | 57:36 | 32.W20 | 71.W |
| 318. | 66 Gerhards, Holger | 1982 | 57:41 | 28.M35 | 246.M |
| 319. | 445 Kirchhoff, Gabrielle | 1959 Space Party Crew Wetzlar | 57:46 | 5.W55 | 72.W |
| 320. | 1041 Müller, Christian | 1983 Agentur für Arbeit Gießen | 57:52 | 26.M30 | 247.M |
| 321. | 256 Stei, Natalie | 1987 | 57:55 | 5.W30 | 73.W |
| 322. | 324 Balser, Sabine | 1960 BW Teichwiese | 58:06 | 6.W55 | 74.W |
| 323. | 73 Groß, Katharina | 1991 | 58:13 | 33.W20 | 75.W |
| 324. | 284 Westhoff, Marlon | 1991 | 58:13 | 66.M20 | 248.M |
| 325. | 144 Kusche, Katrin | 1982 Laufschule Marburg | 58:18 | 5.W35 | 76.W |
| 326. | 1487 Dhina, Yasnine | 1972 MPT Istres | 58:39 | 9.W45 | 77.W |
| 327. | 1029 Linhart, Gernot | 1944 LGV Marathon Gießen | 58:46 | 3.M70 | 249.M |
| 328. | 1576 Marx, Sandra | 1971 TV Lich | 58:50 | 10.W45 | 78.W |
| 329. | 508 Scheffler, Stefan | 1970 Clemens-Bretano-Europaschule Lollar | 58:52 | 29.M45 | 250.M |
| 330. | 155 Lichter, Stefan | 1983 | 58:55 | 27.M30 | 251.M |
| 331. | 108 Jednakowski, Julia | 1992 | 58:56 | 34.W20 | 79.W |
| 332. | 693 Reichmann, Christina | 1985 METTLER TOLEDO | 59:02 | 6.W30 | 80.W |
| 333. | 1581 Schneider, Magnus | 1955 | 59:07 | 11.M60 | 252.M |
| 334. | 1158 Wellmann, Jonas | 1986 clox fitness gießen | 59:08 | 28.M30 | 253.M |
| 335. | 199 Pekar, Katrin | 1988 Die blonden Hüpfen | 59:09 | 35.W20 | 81.W |
| 336. | 249 Seifert, Juliane | 1988 | 59:09 | 36.W20 | 82.W |
| 337. | 250 Seim, Ronny | 1970 | 59:15 | 30.M45 | 254.M |
| 338. | 1161 Hain, Dennis | 1977 clox fitness gießen | 59:47 | 32.M40 | 255.M |
| 339. | 183 Bortsch, Heiko | 1966 Santini Doging Club | 59:50 | 32.M50 | 256.M |
| 340. | 295 Zahn, Thorsten | 1962 BSG Deutsche Post | 1:00:14 | 16.M55 | 257.M |
| 341. | 171 Mayer, Rebecca | 1988 | 1:00:16 | 37.W20 | 83.W |
| 342. | 515 Hofmann, Carmen | 1975 Clemens-Bretano-Europaschule Lollar | 1:00:20 | 7.W40 | 84.W |
| 343. | 514 Feldmann, Lisa | 1989 Clemens-Bretano-Europaschule Lollar | 1:00:22 | 38.W20 | 85.W |
| 344. | 67 Gerhardt, Caroline Sophie | 1995 | 1:00:28 | 39.W20 | 86.W |

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| Name | Verein | Zeit | | | |
|---|---|----------------|---------------|--------------|--|
| 345. 247 Schwindt, Samira | 1992 | 1:00:30 | 40.W20 | 87.W | |
| 346. 281 Weiß, Christane | 1989 | 1:00:37 | 41.W20 | 88.W | |
| 347. 509 Quass, Kirsten | 1973 Clemens-Bretano-Europaschule Lollar | 1:00:58 | 8.W40 | 89.W | |
| 348. 672 Sticher, Birgit | 1959 AGAPLESION EVANGELISCHES | 1:01:07 | 7.W55 | 90.W | |
| 349. 91 Henning, Christopher | 1993 | 1:01:18 | 67.M20 | 258.M | |
| 350. 425 Arslantas, Ertan | 1958 WOF | 1:01:51 | 17.M55 | 259.M | |
| 351. 487 Schick, Paulina | 1989 | 1:02:03 | 42.W20 | 91.W | |
| 352. 703 Karsch, Sarah | 1987 Praxisteam Dr. Ulrich Hentschel | 1:02:14 | 7.W30 | 92.W | |
| 353. 688 Kümmel, Traute | 1947 AGAPLESION EVANGELISCHES | 1:02:32 | 1.W70 | 93.W | |
| 353. 137 Kraushaar, Charlotte | 1946 ASC Licher Wald | 1:02:32 | 1.W70 | 93.W | |
| 353. 1596 Meißner, Uta | 1946 TV 07 Watzenborn-Steinberg | 1:02:32 | 1.W70 | 93.W | |
| 356. 196 Parsczinski, Iris | 1985 | 1:02:38 | 8.W30 | 96.W | |
| 357. 1394 Schemm, Christian | 1957 CAN-Automobile | 1:02:54 | 12.M60 | 260.M | |
| 358. 1395 Schemm, Almut | 1967 CAN-Automobile | 1:02:54 | 7.W50 | 97.W | |
| 359. 714 Brück-Schwitzer, Nicole | 1970 Roadrunners/THM | 1:03:10 | 11.W45 | 98.W | |
| 360. 899 Freund Gutmann, Kerstin | 1976 TH Mittelhessen | 1:03:16 | 9.W40 | 99.W | |
| 361. 810 Köhler, Angelika | 1951 STADT-LAUF-TREFF Gießen | 1:03:19 | 2.W65 | 100.W | |
| 362. 1044 Eisner, Petra | 1969 STADT-LAUF-TREFF Gießen | 1:03:19 | 12.W45 | 101.W | |
| 363. 815 Sturm, Renate | 1949 STADT-LAUF-TREFF Gießen | 1:03:19 | 3.W65 | 102.W | |
| 364. 1322 Herboldsheimer, Dominik | 1994 | 1:03:53 | 68.M20 | 261.M | |
| 365. 1030 Löher, Rainer | 1954 LGV Marathon Gießen | 1:04:08 | 13.M60 | 262.M | |
| 366. 1106 Gerlach-Spieß, Sebastian | 1987 Stadtverwaltung Gießen | 1:04:16 | 29.M30 | 263.M | |
| 367. 157 Lohr, Christian | 1977 | 1:05:05 | 33.M40 | 264.M | |
| 368. 87 Hain, Eva | 1979 | 1:05:24 | 6.W35 | 103.W | |
| 369. 898 Faller, Renate | 1990 TH Mittelhessen | 1:05:30 | 43.W20 | 104.W | |
| 370. 1162 Zschocke, Dirk | 1964 clox fitness gießen | 1:05:32 | 33.M50 | 265.M | |
| 371. 34 Buckenberger, Regina | 1991 Jama Kare | 1:06:52 | 44.W20 | 105.W | |
| 372. 47 Egner, Katharina | 1989 Jama Kare | 1:06:52 | 45.W20 | 106.W | |
| 373. 138 Krengel, Mailina | 1994 Jama Kare | 1:06:52 | 46.W20 | 107.W | |
| 374. 1603 Zörb, Stefan | 1965 | 1:07:10 | 34.M50 | 266.M | |
| 375. 194 Papendorf, Karin | 1962 MTV Gießen | 1:07:14 | 8.W55 | 108.W | |
| 376. 70 Grabus, Inas | 1986 | 1:07:41 | 9.W30 | 109.W | |