

Hauptlauf 10000m

194 Finisher

| | Name | Verein | Zeit | | |
|------------|--------------------------------|--------------------------------------|--------------|--------------|------------|
| 1. | 1400 Aadan, Cabdigani Ismaacil | 1994 artplants | 32:55 | 1.M23 | 1.M |
| 2. | 1512 Balthesen, Tobias | 1977 TSG 78 Heidelberg | 34:23 | 1.M40 | 2.M |
| 3. | 1537 Lehmen, Michael | 1977 TSG Mainaschaff | 36:52 | 2.M40 | 3.M |
| 4. | 1496 Tiburski, Timo | 1993 VfL Freudenstadt | 36:52 | 2.M23 | 4.M |
| 5. | 1520 Gerhard, Johannes | 1986 TuS Griesheim | 36:57 | 1.M30 | 5.M |
| 6. | 1523 Hartig, Tobias | 1994 Eleven Eintracht Braunschweig | 36:58 | 3.M23 | 6.M |
| 7. | 1502 Wenzl, Patrick | 1983 TSV Rechtenbach | 38:04 | 2.M30 | 7.M |
| 8. | 1587 Zöllner, Elmar | 1966 ELT Großeheubach | 38:14 | 1.M50 | 8.M |
| 9. | 1571 Neu, Stephan | 1980 TSG Kleinostheim | 38:15 | 1.M35 | 9.M |
| 10. | 1557 Schott, Manfred | 1970 Mountainbike Club Sulzbach | 38:31 | 1.M45 | 10.M |
| 11. | 1440 Herberich, Kay | 1975 | 38:33 | 3.M40 | 11.M |
| 12. | 1546 Ott, Alexander | 1985 LG Seligenstadt | 39:20 | 3.M30 | 12.M |
| 13. | 1468 Oettinger, Werner | 1966 LAZ Obernburg-Miltenberg | 39:47 | 2.M50 | 13.M |
| 14. | 1597 Jäger, Martin | 1982 Schachclub Elsenfeld | 39:56 | 2.M35 | 14.M |
| 15. | 1618 Ullmann, Herbert | 1970 ELT Großeheubach | 40:01 | 2.M45 | 15.M |
| 16. | 1478 Scherger, Dominik | 1985 Laufteam Miltenberg | 40:09 | 4.M30 | 16.M |
| 17. | 1601 Schöppl, Oliver | 1972 | 40:10 | 3.M45 | 17.M |
| 18. | 1476 Rodriguez Vargas, Yovany | 1971 | 40:14 | 4.M45 | 18.M |
| 19. | 1606 Herrschaft, Torsten | 1985 TV Großwallstadt | 40:15 | 5.M30 | 19.M |
| 20. | 1525 Hein, Andreas | 1987 Mönchberg | 40:17 | 6.M30 | 20.M |
| 21. | 1471 Proksch, Christian | 1978 TV 1862 Langen | 40:48 | 3.M35 | 21.M |
| 22. | 1485 Schmitt, Florian | 1991 Laufteam Miltenberg | 40:58 | 4.M23 | 22.M |
| 23. | 1448 Janson, Tobias | 1993 Feuerwehr Leidersbach | 40:59 | 5.M23 | 23.M |
| 24. | 1467 Oberle, Alexander | 1978 | 41:10 | 4.M35 | 24.M |
| 25. | 1507 Andres, Steffen | 1981 Cool Running Team | 41:17 | 5.M35 | 25.M |
| 26. | 1542 Müller, Joshua | 1992 Drahtesel-Lützelbach.de/ TV Mil | 41:37 | 6.M23 | 26.M |
| 27. | 1453 Klüpfel, WOLFGANG | 1977 DJK Kleinwallstadt | 41:39 | 4.M40 | 27.M |
| 28. | 1536 Langer, Matthias | 1964 Cool Running Team | 41:43 | 3.M50 | 28.M |
| 29. | 1610 Winter, Mona | 1991 Spiridon Frankfurt | 41:54 | 1.W23 | 1.W |
| 30. | 1581 Sokolik, Kolja | 1990 EFG Erlenbach | 42:02 | 7.M23 | 29.M |
| 31. | 1590 Kern, Michael | 1987 | 42:10 | 7.M30 | 30.M |
| 32. | 1594 Platz, Andreas | 1987 Speedteam Breitenbrunn | 42:13 | 8.M30 | 31.M |
| 33. | 1446 Ibel, Verena | 1989 RV Viktoria Wombach | 42:20 | 2.W23 | 2.W |
| 34. | 1543 Noack, Tobias | 1977 Laufteam Mainmetall | 42:24 | 5.M40 | 32.M |
| 35. | 1609 Rudolph, Heiko | 1978 DJK Würth | 42:28 | 6.M35 | 33.M |
| 36. | 1532 Konrad, Mirko | 1967 TV GroBostheim | 42:56 | 4.M50 | 34.M |
| 37. | 1589 Topcu, Adnan | 1971 | 42:57 | 5.M45 | 35.M |
| 38. | 1607 Meyer, Johanna | 1985 RV Viktoria Wombach | 42:58 | 1.W30 | 3.W |
| 39. | 1404 Balles, Patrick | 1969 | 43:12 | 6.M45 | 36.M |
| 40. | 1510 Bäckmann, Robert | 1964 | 43:21 | 5.M50 | 37.M |
| 41. | 1441 Hock, Dr.Stefanie | 1963 ASC Darmstadt | 43:24 | 1.W50 | 4.W |
| 42. | 1410 Brand, Karl Josef | 1953 ELT Großeheubach | 43:30 | 1.M60 | 38.M |
| 43. | 1608 Weigand, Michael | 1969 | 43:31 | 7.M45 | 39.M |

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|------------|--------------------------------|--------------------------------|--------------|--------------|------------|
| 44. | 1579 Rust, Ferdinand | 1971 MRRC München | 43:57 | 8.M45 | 40.M |
| 45. | 1570 Kemnitz, Julius | 2002 Helios | 44:06 | 1.MU16 | 41.M |
| 46. | 1435 Heinz, Nick | 2003 Familie Heinz | 44:14 | 2.MU16 | 42.M |
| 47. | 1544 Oberle, Roland | 1972 Mömlingen | 44:16 | 9.M45 | 43.M |
| 48. | 1591 Fries, Timo | 1979 | 44:20 | 7.M35 | 44.M |
| 49. | 1595 Henne, Hermann | 1953 Spiridon Frankfurt | 44:32 | 2.M60 | 45.M |
| 50. | 1403 Anhalt, Igor | 1970 | 44:39 | 10.M45 | 46.M |
| 51. | 1575 Cairney, Robert | 1966 JFG Untermain | 44:46 | 6.M50 | 47.M |
| 52. | 1517 Christ, Thorsten | 1975 | 44:52 | 6.M40 | 48.M |
| 53. | 1452 Klüpfel, Stefanie | 1979 DJK Kleinwallstadt | 45:05 | 1.W35 | 5.W |
| 54. | 1620 Feyh, Christian | 1964 Feyh Team | 45:10 | 7.M50 | 49.M |
| 55. | 1420 Foresto, Lorenzo | 1988 artplants | 45:16 | 8.M23 | 50.M |
| 56. | 1480 Schimmelpfennig, Thorsten | 1970 Cool Running Team | 45:22 | 11.M45 | 51.M |
| 57. | 1551 Reis, Kai Oliver | 1980 TSG Mainaschaff | 45:36 | 8.M35 | 52.M |
| 58. | 1401 Abb, Anton | 1994 | 45:51 | 9.M23 | 53.M |
| 59. | 1406 Bauer, Sebastian | 1996 | 45:52 | 1.MU23 | 54.M |
| 60. | 1422 Fuchs, Simon | 1993 | 45:52 | 10.M23 | 55.M |
| 61. | 1475 Richter, Michael | 1975 FFW Eschau | 46:02 | 7.M40 | 56.M |
| 62. | 1486 Schmoller, Jörg-Wolfgang | 1955 TV Goldbach | 46:05 | 3.M60 | 57.M |
| 63. | 1563 Völker, Johannes | 1980 Eschau | 46:09 | 9.M35 | 58.M |
| 64. | 1521 Gerlach, Matthias | 1964 SC Gütersbach | 46:11 | 8.M50 | 59.M |
| 65. | 1423 Gabeli, Heiko | 1973 | 46:16 | 8.M40 | 60.M |
| 66. | 1457 Leckert, Alexander | 1978 | 46:17 | 10.M35 | 61.M |
| 67. | 1535 Kullmann, Dietmar | 1956 | 46:17 | 4.M60 | 62.M |
| 68. | 1461 Merkel, Jannik | 2001 | 46:25 | 1.MU18 | 63.M |
| 69. | 1600 Dietrich, Uwe | 1960 Born to run | 46:26 | 1.M55 | 64.M |
| 70. | 1524 Hefter, Bernhard | 1964 Wörth | 46:28 | 9.M50 | 65.M |
| 71. | 1560 Spatz, Rüdiger | 1968 | 46:30 | 12.M45 | 66.M |
| 72. | 1588 Allmeritter, Stefan | 1966 | 46:33 | 10.M50 | 67.M |
| 73. | 1421 Fries, Patrick K. J. | 1973 | 46:34 | 9.M40 | 68.M |
| 74. | 1487 Schneider, Andreas | 1978 | 46:34 | 11.M35 | 69.M |
| 75. | 1602 Pockert, Timm | 1989 | 46:42 | 11.M23 | 70.M |
| 76. | 1559 Siefert, Helmut | 1967 SC Gütersbach | 46:44 | 11.M50 | 71.M |
| 77. | 1564 Wierer, Christian | 1965 TV 1862 Miltenberg e.V. | 46:48 | 12.M50 | 72.M |
| 78. | 1503 Wolf, Jochen | 1970 Cool Running Team | 46:51 | 13.M45 | 73.M |
| 79. | 1450 Kanert, Christian | 1975 RLT Rodgau | 46:53 | 10.M40 | 74.M |
| 80. | 1442 hohm, andreas | 1975 mömlingen | 46:59 | 11.M40 | 75.M |
| 81. | 1492 Siegmeth, Josef | 1968 Helene Fischer Fan Club | 47:01 | 14.M45 | 76.M |
| 82. | 1572 Walz, Michael | 1981 | 47:13 | 12.M35 | 77.M |
| 83. | 1490 Schwind, Thomas | 1970 | 47:17 | 15.M45 | 78.M |
| 84. | 1611 Häcker, Kai | 1977 TSV Keilberg | 47:34 | 12.M40 | 79.M |
| 85. | 1553 Rommel, Felix | 1990 Team Erdinger Alkoholfrei | 47:40 | 12.M23 | 80.M |
| 86. | 1604 Brand, Ulli | 1990 DJK Aschaffenburg | 47:52 | 13.M23 | 81.M |

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| | Name | Verein | Zeit | | |
|------------|-------------------------------|--------------------------------------|--------------|--------------|------------|
| 87. | 1562 Ühlein, Tobias | 1998 TV Trennfurt | 47:52 | 1.MU20 | 82.M |
| 88. | 1619 Feyh, Jana Alessa | 1992 Feyh Team | 47:53 | 3.W23 | 6.W |
| 89. | 1412 Dollansky, Gerd | 1951 | 48:01 | 1.M65 | 83.M |
| 90. | 1436 Heinz, Roland | 1967 Familie Heinz | 48:02 | 13.M50 | 84.M |
| 91. | 1522 Günther, Armin | 1998 | 48:03 | 2.MU20 | 85.M |
| 92. | 1614 Bauer, Robert | 1956 Lauftreff Lützelbach | 48:08 | 5.M60 | 86.M |
| 93. | 1617 Spinnler, Andreas | 1963 SV Hobbach | 48:20 | 14.M50 | 87.M |
| 94. | 1603 Aita, Johanna | 1989 | 48:23 | 4.W23 | 7.W |
| 95. | 1515 Bischoff, Jonas | 1997 | 48:25 | 2.MU23 | 88.M |
| 96. | 1576 Scheurich, Kai | 1977 | 48:25 | 13.M40 | 89.M |
| 97. | 1482 Schipper, Jürgen | 1965 Koppreunner | 48:31 | 15.M50 | 90.M |
| 98. | 1414 Dornberg, Olav | 1968 Vegan Runners | 48:35 | 16.M45 | 91.M |
| 99. | 1613 Klemm, Stefan | 1964 TV Großwallstadt | 48:44 | 16.M50 | 92.M |
| 100 | 1516 Brunner, Uli | 1968 TV Schweinheim | 48:49 | 17.M45 | 93.M |
| 101 | 1511 Balke, Alexander | 1986 Junge Union Miltenberg | 48:54 | 9.M30 | 94.M |
| 102 | 1514 Bender, Karlheinz | 1960 ASC Marathon Friedberg | 48:55 | 2.M55 | 95.M |
| 103 | 1599 Herkert, Clemens | 1957 Born to run | 48:57 | 6.M60 | 96.M |
| 104 | 1561 Torlopp, Mirko | 1973 | 48:59 | 14.M40 | 97.M |
| 105 | 1518 Ebert-Beck, Thomas | 1960 Altenpflegeschule Erlenbach | 49:07 | 3.M55 | 98.M |
| 106 | 1548 Poll, Simon | 1982 Schoppenrunner | 49:25 | 13.M35 | 99.M |
| 107 | 1578 Deckert, Thomas | 1970 SV Großwallstadt | 49:39 | 18.M45 | 100.M |
| 108 | 1527 Hinz, Alexander | 1982 | 49:40 | 14.M35 | 101.M |
| 109 | 1477 Römmelt, Christoph | 1988 artplants | 49:45 | 14.M23 | 102.M |
| 110 | 1428 Haber, Andreas | 1972 TV Trennfurt | 49:54 | 19.M45 | 103.M |
| 111 | 1407 Beck, Paul | 1981 artplants | 49:56 | 15.M35 | 104.M |
| 112 | 1449 Janz-Peters, Axel | 1968 Füllerrunner | 50:04 | 20.M45 | 105.M |
| 113 | 1565 WÜNSCH, BERND | 1965 | 50:06 | 17.M50 | 106.M |
| 114 | 1573 Hein, Kilian | 1987 Feuerwehr Großwallstadt | 50:14 | 10.M30 | 107.M |
| 115 | 1470 Peters, Felix | 1997 Füllerrunner | 50:17 | 3.MU23 | 108.M |
| 116 | 1605 Kampf, Uwe | 1963 Barbarossalauf Erlenbach | 50:20 | 18.M50 | 109.M |
| 117 | 1433 Hansen, Ursula | 1964 Barbarossalauf Erlenbach | 50:28 | 2.W50 | 8.W |
| 118 | 1489 Schwarzkopf, Roland | 1961 TV Sulzbach | 50:30 | 4.M55 | 110.M |
| 119 | 1427 Grimm, Ingrid | 1961 DJK Blau-Weiss Münster | 50:34 | 1.W55 | 9.W |
| 120 | 1431 Hahn, Niels | 2000 | 50:38 | 2.MU18 | 111.M |
| 121 | 1426 Gräwe, Jörn | 1981 | 50:39 | 16.M35 | 112.M |
| 122 | 1584 Schaubeck, Daniel | 1980 | 50:40 | 17.M35 | 113.M |
| 123 | 1491 sickenberger, jürgen | 1963 | 50:41 | 19.M50 | 114.M |
| 124 | 1437 Helm, Aleksej | 2004 | 50:46 | 1.MU14 | 115.M |
| 125 | 1538 Leuschner, Lars | 1984 | 50:50 | 11.M30 | 116.M |
| 126 | 1454 Koslowski, Kurt | 1990 | 51:14 | 15.M23 | 117.M |
| 127 | 1495 Szekeres-Kovacs, Istvan | 1973 | 51:27 | 15.M40 | 118.M |
| 128 | 1493 Speth, Bernd | 1982 Laufteam Miltenberg | 51:30 | 18.M35 | 119.M |
| 129 | 1529 Jakob, Michael | 1993 RSV Wenigumstadt | 51:34 | 16.M23 | 120.M |

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|------------|------------------------------------|--------------------------------------|--------------|---------------|-------------|
| 130 | 1439 Helm, Tobias | 1987 Feuerwehr Obernburg | 51:36 | 12.M30 | 121.M |
| 131 | 1458 Lippert, Andreas | 1974 | 51:37 | 16.M40 | 122.M |
| 132 | 1519 Ergül, Özkan | 1978 | 51:40 | 19.M35 | 123.M |
| 133 | 1580 Sauerwein, Timo | 1978 SV Elsava Rück-Schippach | 51:40 | 20.M35 | 124.M |
| 134 | 1574 Hein, Marc | 1979 Feuerwehr Großwallstadt | 51:40 | 21.M35 | 125.M |
| 135 | 1473 Reis, Michael | 1975 TV Hofstetten | 51:46 | 17.M40 | 126.M |
| 136 | 1456 Kumpel, Peter | 1969 Streiter | 51:50 | 21.M45 | 127.M |
| 137 | 1438 Helm, Sascha | 1974 | 52:09 | 18.M40 | 128.M |
| 138 | 1568 Zöllner, Svenja | 1999 Barbarossalauf Erlenbach | 52:11 | 1.WU20 | 10.W |
| 139 | 1567 Zöllner, Monja | 1999 Barbarossalauf Erlenbach | 52:11 | 2.WU20 | 11.W |
| 140 | 1411 Conrad, Lena | 1992 | 52:31 | 5.W23 | 12.W |
| 141 | 1430 Hahn, Florian | 1990 | 52:32 | 17.M23 | 129.M |
| 142 | 1506 Akbuluto, Onur | 1989 Parzival-Mittelschule-Amorbach | 52:36 | 18.M23 | 130.M |
| 143 | 1526 Herschmann, Wolfgang | 1961 | 52:36 | 5.M55 | 131.M |
| 144 | 1429 Haberkorn, Roland | 1957 MV-Gailbach | 52:39 | 7.M60 | 132.M |
| 145 | 1586 Streicher, Nele | 1974 TSG Neuenhain | 52:46 | 1.W40 | 13.W |
| 146 | 1494 Sternheimer, Kay | 1982 | 52:50 | 22.M35 | 133.M |
| 147 | 1531 Klotz, Melanie | 1986 TV Kleinwallstadt | 52:56 | 2.W30 | 14.W |
| 148 | 1418 Eser, Reinhold | 1950 losse Laafe Heinrichsthal | 52:56 | 2.M65 | 134.M |
| 149 | 1528 Horlebein, Walter | 1961 S.C.A.T. Aschaffenburg | 53:12 | 6.M55 | 135.M |
| 150 | 1413 Dominik, Claus | 1968 | 53:24 | 22.M45 | 136.M |
| 151 | 1509 Arslan, Serkan | 1987 Schoppenrunner | 53:37 | 13.M30 | 137.M |
| 152 | 1451 Karl, Veronika | 1995 artplants | 53:49 | 1.WU23 | 15.W |
| 153 | 1530 Klagge-Stockert, Maria | 1956 | 54:00 | 1.W60 | 16.W |
| 154 | 1402 Andres, Franz-Günther | 1954 LaufTeam Obernburg | 54:03 | 8.M60 | 138.M |
| 155 | 1409 Berninger, Klaus | 1967 | 54:04 | 20.M50 | 139.M |
| 156 | 1484 Schmidt, Erwin | 1952 LAZ Obernburg-Miltenberg | 54:12 | 3.M65 | 140.M |
| 157 | 1462 Muessig, Franz | 1960 RSV 1896 Wenigumstadt e.V. | 54:13 | 7.M55 | 141.M |
| 158 | 1598 Wissel, Björn | 1979 SG Schimborn | 54:31 | 23.M35 | 142.M |
| 159 | 1455 Krank, Norbert | 1960 Die tapferen Schneiderlein | 54:46 | 8.M55 | 143.M |
| 160 | 1533 Krause, Michaela | 1966 SC Güttersbach | 54:47 | 3.W50 | 17.W |
| 160 | 1463 Nickles, Jutta | 1978 TV Großwallstadt | 54:47 | 2.W35 | 17.W |
| 162 | 1556 Schork, Gabi | 1959 | 55:06 | 2.W55 | 19.W |
| 163 | 1444 Huber, Carina | 1983 Feuerwehr Mechenhard | 55:38 | 3.W30 | 20.W |
| 164 | 1569 Sommer, Alfred | 1955 Helios | 56:13 | 9.M60 | 144.M |
| 165 | 1554 Schmitt, André | 1992 Freiwillige Feuerwehr Röllbach | 56:29 | 19.M23 | 145.M |
| 166 | 1479 Schimmelpfennig, Petra | 1973 Cool Running Team | 56:38 | 2.W40 | 21.W |
| 167 | 1465 O Cleirigh, Diana | 1968 Fam. O Cleirigh | 56:40 | 1.W45 | 22.W |
| 168 | 1577 Breunig, Marlene | 1959 TV 04 Wörth | 57:08 | 3.W55 | 23.W |
| 169 | 1501 Waldschmitt, Achim | 1969 Die tapferen Schneiderlein | 57:36 | 23.M45 | 146.M |
| 170 | 1432 Hahn, Ulrich | 1959 Cordenka Laufgruppe | 57:36 | 9.M55 | 147.M |
| 171 | 1549 Reeg, Alexandra | 1977 SC Güttersbach | 57:55 | 3.W40 | 24.W |
| 172 | 1616 Unruh, Valentina | 1985 EFG Erlenbach | 57:58 | 4.W30 | 25.W |



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| Name | Verein | Zeit | | |
|-------------------------------------|---|----------------|---------------|-------------|
| 173 1582 Klein-Bartel, Linda | 1979 Vegan Runners | 58:35 | 3.W35 | 26.W |
| 174 1499 Verhoeven, Benjamin | 1979 Vegan Runners | 58:35 | 24.M35 | 148.M |
| 175 1592 Schmidt, Daniel | 1980 | 59:21 | 25.M35 | 149.M |
| 176 1405 Bauer, Heiko | 1974 | 59:35 | 19.M40 | 150.M |
| 177 1585 Schön, Michael | 1969 TSG Neuenhain | 59:40 | 24.M45 | 151.M |
| 178 1513 Beck, Martina | 1962 Altenpflageschule Erlenbach | 59:51 | 4.W55 | 27.W |
| 179 1583 Grünewald, Gerhard | 1961 SC Güttersbach | 59:54 | 10.M55 | 152.M |
| 180 1443 Hotz, Katharina | 1980 TV Mömlingen Lauf10 | 1:00:45 | 4.W35 | 28.W |
| 181 1472 Reinhard, Anke | 1979 | 1:00:45 | 5.W35 | 29.W |
| 182 1545 Oberle, Stefanie | 1980 | 1:00:45 | 6.W35 | 30.W |
| 183 1550 Reinhard, Stefan | 1970 TV Mömlingen | 1:00:46 | 25.M45 | 153.M |
| 184 1552 Reis, Nikolaus | 1962 TV Mömlingen Lauf10 | 1:01:05 | 11.M55 | 154.M |
| 185 1466 O Cleirigh, Muiris | 1969 Fam. O Cleirigh | 1:01:06 | 26.M45 | 155.M |
| 186 1488 Schwarzkopf, Karin | 1964 TV Sulzbach | 1:01:36 | 4.W50 | 31.W |
| 187 1596 Seubert, Daniel | 1984 | 1:02:59 | 14.M30 | 156.M |
| 188 1424 Göpfert, Vanessa | 1988 Vegan Runners | 1:03:11 | 6.W23 | 32.W |
| 189 1505 Abb, Kilian | 1987 Schoppenrunner | 1:04:29 | 15.M30 | 157.M |
| 190 1547 Ott, Tobias | 1981 Schoppenrunner | 1:04:30 | 26.M35 | 158.M |
| 191 1434 Hartmann, Chris | 1999 TV Mömlingen Lauf10 | 1:04:46 | 3.WU20 | 33.W |
| 192 1612 Kritscher, Mario | 1969 TV Mömlingen | 1:04:48 | 27.M45 | 159.M |
| 193 1415 Dornberg, Sabine | 1969 Vegan Runners | 1:06:27 | 2.W45 | 34.W |
| 194 1408 Beck, Sigrid | 1939 Bio Runner RheinMain | 1:18:33 | 1.W75 | 35.W |