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| | Name | Verein | Zeit | | |
|------------|-------------------------------|--|--------------|---------------|------------|
| 1. | 1058 Thomas, Marvin | 1997 LAC Quelle Fürth | 15:38 | 1.MU23 | 1.M |
| 2. | 1152 Ibrahim, Sibaz | 1978 | 16:54 | 1.M35 | 2.M |
| 3. | 1164 Erbacher, Tobias | 1988 TRIA TV Bad Mergentheim | 16:59 | 1.M23 | 3.M |
| 4. | 1183 Heider, Fabian | 1993 Spiridon Frankfurt | 17:32 | 2.M23 | 4.M |
| 5. | 1135 Bartzeko, Dirk | 1969 SF Tria Roßdorf | 18:24 | 1.M45 | 5.M |
| 6. | 1177 Mansfeld, Daniel | 1982 V8 Runners Bruchköbel | 18:26 | 2.M35 | 6.M |
| 7. | 1190 Krzywik, Raimund | 1964 VfL Bad Kreuznach | 19:34 | 1.M50 | 7.M |
| 8. | 1022 Milde, Johannes | 1984 | 19:36 | 1.M30 | 8.M |
| 9. | 1161 Hofamann, Marius | 2000 TV Großostheim | 20:01 | 1.MU18 | 9.M |
| 10. | 1113 Nolting, Sebastian Felix | 2004 LG Landkreis Aschaffenburg | 20:06 | 1.MU14 | 10.M |
| 11. | 1163 Heinl, Sebastian | 1991 Team Spessartchallenge / TV | 20:39 | 3.M23 | 11.M |
| 12. | 1081 Breunig, Herbert | 1961 LAZ Obernburg - Miltenberg | 20:49 | 1.M55 | 12.M |
| 13. | 973 Bauer, Uwe | 1967 Westfrankenbahn | 20:50 | 2.M50 | 13.M |
| 14. | 1000 Jakob, Julius | 1999 TUS Röllbach | 20:55 | 1.MU20 | 14.M |
| 15. | 1136 Maneshkarimy, Kamiar | 2002 LG Eintracht Frankfurt | 21:03 | 1.MU16 | 15.M |
| 16. | 1146 El Alami, Petra | 1977 LG BSN | 21:13 | 1.W40 | 1.W |
| 17. | 1180 Tobi, Frank | 1961 | 21:15 | 2.M55 | 16.M |
| 18. | 978 Braunwarth, Ben | 2002 Erlenbacher Kickers | 21:24 | 2.MU16 | 17.M |
| 19. | 1176 Bauer, Moritz | 2002 TV Niedernberg | 21:31 | 3.MU16 | 18.M |
| 20. | 1017 Ludwig, Bernhard | 1968 | 21:48 | 2.M45 | 19.M |
| 21. | 1149 Schmitt, Rainer | 1966 TV Trennfurt | 21:52 | 3.M50 | 20.M |
| 22. | 1107 Marlon, Höfer | 1993 TV Erlenbach Handball | 22:13 | 4.M23 | 21.M |
| 23. | 1172 Völker, Kim | 2001 LAZ Obernburg - Miltenberg | 22:21 | 1.WU18 | 2.W |
| 24. | 1168 Seitz, Simona | 1976 | 22:21 | 2.W40 | 3.W |
| 25. | 1192 Preuss, Nadine | 1977 TuS Frammersbach | 22:34 | 3.W40 | 4.W |
| 26. | 1157 Reinhardt, Bernd | 1969 Edetec | 22:44 | 3.M45 | 22.M |
| 27. | 1060 Voelker, Anton | 1959 TUS Roellbach | 22:44 | 3.M55 | 23.M |
| 28. | 1061 Völker, Tobias | 1993 | 22:47 | 5.M23 | 24.M |
| 29. | 1080 Brenner, Gerhard | 1961 Familie Brenner | 22:52 | 4.M55 | 25.M |
| 30. | 1015 Langner, Reinhold | 1966 Langner & Seifert Metallbau | 23:20 | 4.M50 | 26.M |
| 31. | 1137 Assmann, Leon | 2007 | 23:24 | 1.MU12 | 27.M |
| 32. | 1023 Mönch, Gino | 1981 Feuerwehr Leidersbach | 23:27 | 3.M35 | 28.M |
| 33. | 1059 Voelker, Andreas | 2003 TUS Roellbach | 23:40 | 4.MU16 | 29.M |
| 34. | 982 Davidt, Eduard | 1968 Erlenbacher Kickers | 23:41 | 4.M45 | 30.M |
| 35. | 1079 Brenner, Eva | 2000 Familie Brenner | 23:41 | 2.WU18 | 5.W |
| 36. | 1129 Waigand, Stefan | 1974 Barbarossalauf Erlenbach | 23:42 | 1.M40 | 31.M |
| 37. | 1158 Mottl, Karsten | 1971 | 23:46 | 5.M45 | 32.M |
| 38. | 970 Arnold, Alexander | 1990 | 23:59 | 6.M23 | 33.M |
| 39. | 985 Feller, Dieter | 1954 mechenhard | 24:01 | 1.M60 | 34.M |
| 40. | 1075 Bein, Luca | 2007 | 24:03 | 2.MU12 | 35.M |
| 41. | 1148 Hergenröther, Jan | 2004 | 24:04 | 2.MU14 | 36.M |
| 42. | 1065 Zeiler, Lena | 1999 TV 04 Wörth | 24:04 | 1.WU20 | 6.W |
| 43. | 1040 Rodriguez Vargas, Yovany | 1971 | 24:04 | 6.M45 | 37.M |

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| | Name | Verein | Zeit | | |
|------------|----------------------------------|-----------------------------------|--------------|---------------|-------------|
| 44. | 1039 Rodriguez Vargas, Rafael | 2007 | 24:05 | 3.MU12 | 38.M |
| 45. | 1147 Hergenröther, Stefan | 1965 | 24:12 | 5.M50 | 39.M |
| 46. | 1076 Bein, Michael | 1972 | 24:15 | 7.M45 | 40.M |
| 47. | 1120 Schwab, Alexander | 1990 Junge Union Miltenberg | 24:16 | 7.M23 | 41.M |
| 48. | 1159 Mottl, Susanne | 1974 | 24:34 | 4.W40 | 7.W |
| 49. | 1009 Klingohr, Michael | 1986 Erlenbacher Kickers | 24:38 | 2.M30 | 42.M |
| 50. | 1182 Friess, Sabrina | 1989 TUS Roellbach | 24:39 | 1.W23 | 8.W |
| 51. | 976 Binder, Norbert | 1965 Erlenbacher Kickers | 24:41 | 6.M50 | 43.M |
| 52. | 971 Aull, Volker | 1958 | 24:42 | 5.M55 | 44.M |
| 53. | 1181 Wolz, Tanja | 1990 TUS Roellbach | 24:47 | 2.W23 | 9.W |
| 54. | 1054 Staudt, Patrick | 1977 Feuerwehr Leidersbach | 24:51 | 2.M40 | 45.M |
| 55. | 1155 Schledt-Zahn, Simona | 1971 TV Grobstheim | 24:51 | 1.W45 | 10.W |
| 56. | 1001 Jakob, Vincent | 2002 TUS Röllbach | 24:57 | 5.MU16 | 46.M |
| 57. | 1027 Neufeld, Peter | 1981 Dörrappelteam | 25:00 | 4.M35 | 47.M |
| 58. | 999 Jakob, Hubert | 1967 TUS Röllbach | 25:06 | 7.M50 | 48.M |
| 59. | 1074 Bauer, Matthias | 1968 TV Erlenbach Handball | 25:15 | 8.M45 | 49.M |
| 60. | 1049 Seipel, Leo | 2007 | 25:17 | 4.MU12 | 50.M |
| 61. | 2100 Gündling, Norbert | 1940 TV Goldbach | 25:18 | 1.M75 | 51.M |
| 62. | 1050 Seipel, Markus | 1981 | 25:19 | 5.M35 | 52.M |
| 63. | 1083 Brill, Evi | 1999 EFG Erlenbach | 25:19 | 2.WU20 | 11.W |
| 64. | 996 Heider, Reinhold | 1953 Frankonia Mechenhard | 25:19 | 2.M60 | 53.M |
| 65. | 1066 Zeiler, Wolfgang | 1966 TV 04 Wörth | 25:33 | 8.M50 | 54.M |
| 66. | 1090 Göbel, Roland | 1957 | 25:56 | 3.M60 | 55.M |
| 67. | 1166 Putz, Markus | 1981 | 25:59 | 6.M35 | 56.M |
| 68. | 998 Jahn, Marco | 1978 Erlenbacher Kickers | 25:59 | 7.M35 | 57.M |
| 69. | 1165 Wahlmann, Udo | 1970 TV Trennfurt | 26:01 | 9.M45 | 58.M |
| 70. | 1105 Kröker, Robin | 2000 EFG Erlenbach | 26:07 | 2.MU18 | 59.M |
| 71. | 997 Hensel, Andreas | 1977 | 26:08 | 3.M40 | 60.M |
| 72. | 991 Gerhart, Thomas | 1974 | 26:10 | 4.M40 | 61.M |
| 73. | 1055 Steidl, Dr.Christian | 1973 Skiclub Erlenbach | 26:12 | 5.M40 | 62.M |
| 74. | 1024 Moro, Timo | 1978 | 26:14 | 8.M35 | 63.M |
| 75. | 1173 Waver, Ulrike | 1965 TVDÄ Hanau | 26:15 | 1.W50 | 12.W |
| 76. | 1099 Irrgang, Joachim | 1972 DJK Erlenbach | 26:20 | 10.M45 | 64.M |
| 77. | 1004 Kaspar, Melanie | 1987 | 26:20 | 1.W30 | 13.W |
| 78. | 1127 Svenja, Hopp | 2002 JSG Wallstadt weibl.B | 26:21 | 1.WU16 | 14.W |
| 79. | 1037 Prenzel, Lutz | 1949 Blue Viking Running Team | 26:24 | 1.M65 | 65.M |
| 80. | 1211 Kemnitz, Johann | 2004 Helios | 26:28 | 3.MU14 | 66.M |
| 81. | 1056 Stier, Claus | 1987 Erlenbacher Kickers | 26:37 | 3.M30 | 67.M |
| 82. | 1119 Schuhmacher, Tim | 2007 TV Erlenbach Handball | 26:38 | 5.MU12 | 68.M |
| 83. | 1047 Schuhmacher, Michael | 1980 TV Erlenbach Handball | 26:39 | 9.M35 | 69.M |
| 84. | 1133 Wöber, Chris | 2006 SV Erlenbach | 26:39 | 6.MU12 | 70.M |
| 85. | 1086 Buhleier, Johannes | 1982 TV Erlenbach Handball | 26:45 | 10.M35 | 71.M |
| 86. | 1140 Hefter, Daniel | 1992 | 26:48 | 8.M23 | 72.M |

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| | Name | Verein | Zeit | | |
|-----|---------------------------|----------------------------------|-------|--------|------|
| 87. | 1100 Jäger, Maxim | 1986 EFG Erlenbach | 26:49 | 4.M30 | 73.M |
| 88. | 1102 Kleinschrodt, Anja | 1978 | 26:50 | 1.W35 | 15.W |
| 89. | 1003 Kappes, Susanne | 1966 Westfrankenbahn | 26:50 | 2.W50 | 16.W |
| 90. | 984 Dragoun, Franziska | 1996 | 26:51 | 1.WU23 | 17.W |
| 91. | 1093 Henn, Karin | 1969 LAZ Obernburg-Miltenberg | 26:54 | 2.W45 | 18.W |
| 92. | 1062 Wellscheid, Bärbel | 1963 | 26:55 | 3.W50 | 19.W |
| 93. | 1063 Wellscheid, Saskia | 1991 | 26:55 | 3.W23 | 20.W |
| 94. | 1156 Spielmann, Kerstin | 1970 Edetec | 26:57 | 3.W45 | 21.W |
| 95. | 1126 Suckau, Peter | 1997 EFG Erlenbach | 27:11 | 2.MU23 | 74.M |
| 96. | 1124 Stegmann, Jakob | 1992 | 27:16 | 9.M23 | 75.M |
| 97. | 1073 Bauer, Florian | 1994 | 27:16 | 10.M23 | 76.M |
| 98. | 981 Celik, Ali | 1963 | 27:17 | 9.M50 | 77.M |
| 99. | 1179 Gramling, Gotthard | 1951 VfL Mönchberg | 27:17 | 2.M65 | 78.M |
| 100 | 1002 Juszczak, Caroline | 1981 | 27:18 | 2.W35 | 22.W |
| 101 | 1008 Kern, Simone | 1971 SC Freudenberg | 27:20 | 4.W45 | 23.W |
| 102 | 1082 Breunig, Marlene | 1959 LAZ Obernburg - Miltenberg | 27:29 | 1.W55 | 24.W |
| 103 | 1138 Dorsemagen, Michael | 2000 | 27:38 | 3.MU18 | 79.M |
| 104 | 987 Freudl, Kerstin | 1981 | 27:38 | 3.W35 | 25.W |
| 105 | 1089 Giesbrecht, Heinrich | 1978 EFG Erlenbach | 27:39 | 11.M35 | 80.M |
| 106 | 1139 Kounanis, Antoni | 2000 | 27:40 | 4.MU18 | 81.M |
| 107 | 1098 Irrgang, Fabian | 2000 DJK Erlenbach | 27:44 | 5.MU18 | 82.M |
| 108 | 1041 Roos, Andreas | 1964 Dörrappelteam | 27:47 | 10.M50 | 83.M |
| 109 | 1150 Schneider, Simone | 1969 Emders Deichläuferin | 27:50 | 5.W45 | 26.W |
| 110 | 1018 Lux, Christina | 1971 | 27:52 | 6.W45 | 27.W |
| 111 | 1123 Staab, Edeltraud | 1963 TSV Keilberg | 27:53 | 4.W50 | 28.W |
| 112 | 1044 Scheurich, Bärbel | 1968 SC Freudenberg | 27:54 | 7.W45 | 29.W |
| 113 | 1019 Mahler, Sebastian | 1985 Erlenbacher Kickers | 27:57 | 5.M30 | 84.M |
| 114 | 1020 Martin, Kai | 1977 | 27:58 | 6.M40 | 85.M |
| 115 | 1169 Rupp, Sascha | 1988 Feuerwehr Leidersbach | 27:58 | 11.M23 | 86.M |
| 116 | 1132 Wöber, André | 1974 SV Erlenbach | 28:01 | 7.M40 | 87.M |
| 117 | 1106 Labuszka, Jan | 1995 Altenpflegeschule Erlenbach | 28:01 | 3.MU23 | 88.M |
| 118 | 1067 Ziemlich, Jessica | 1991 | 28:05 | 4.W23 | 30.W |
| 119 | 1043 Rudolph, Christian | 1974 | 28:12 | 8.M40 | 89.M |
| 120 | 1178 Fersch, Reinhold | 1957 Hobbach | 28:14 | 4.M60 | 90.M |
| 121 | 1116 Rada, Lukas | 1995 Altenpflegeschule Erlenbach | 28:17 | 4.MU23 | 91.M |
| 122 | 1014 Lang, Christina | 1961 LAUFZiel Aschaffenburg | 28:17 | 2.W55 | 31.W |
| 123 | 1033 Peters, Rosalie | 1999 Füllerrunner | 28:27 | 3.WU20 | 32.W |
| 124 | 1034 Peters, Wilma | 2003 Füllerrunner | 28:27 | 2.WU16 | 33.W |
| 125 | 1097 Hopp, Holger | 1956 Barbarossalauf Erlenbach | 28:28 | 5.M60 | 92.M |
| 126 | 1046 Schneider, Thomas | 1964 | 28:29 | 11.M50 | 93.M |
| 127 | 1162 May, Patrick | 1994 | 28:30 | 12.M23 | 94.M |
| 128 | 1094 Hermann, Arthur | 1957 Feuerwehr Eichelsbach | 28:45 | 6.M60 | 95.M |
| 129 | 1070 Aghahowa, Oze | 1986 Altenpflegeschule Erlenbach | 28:46 | 2.W30 | 34.W |

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| | Name | Verein | Zeit | | |
|------------|--------------------------------|--------------------------------------|--------------|---------------|-------------|
| 130 | 1193 Englert, Harald | 1957 HongYongKwan | 28:49 | 7.M60 | 96.M |
| 131 | 1087 Falkenstein, Gennadij | 1993 EFG Erlenbach | 28:56 | 13.M23 | 97.M |
| 132 | 986 Fellermann, Dirk | 1957 | 29:09 | 8.M60 | 98.M |
| 133 | 1154 Kemmerer, Roman | 1950 | 29:10 | 3.M65 | 99.M |
| 134 | 1185 Weiß, Sabrina | 1980 Elsenfeld | 29:14 | 4.W35 | 35.W |
| 135 | 1029 Orschler, Sandra | 1970 | 29:15 | 8.W45 | 36.W |
| 136 | 1104 Kokott, Jacqueline | 1983 | 29:16 | 3.W30 | 37.W |
| 137 | 1130 Wittmar, Stephan | 1986 | 29:17 | 6.M30 | 100.M |
| 138 | 1069 Zöllner, Holger | 1973 Feuerwehr Erlenbach | 29:17 | 9.M40 | 101.M |
| 139 | 979 Busch, Anika | 1999 TV Schweinheim | 29:17 | 4.WU20 | 38.W |
| 140 | 1091 Habermann, Denise | 1988 | 29:19 | 5.W23 | 39.W |
| 141 | 988 Freund, Simone | 1981 Feuerwehr Erlenbach | 29:21 | 5.W35 | 40.W |
| 142 | 1028 Oechsner, Dagmar | 1956 | 29:33 | 1.W60 | 41.W |
| 143 | 1151 Pohl, Danny | 1989 | 29:36 | 14.M23 | 102.M |
| 144 | 1101 Hackstätter, David | 2000 EFG Erlenbach | 29:44 | 6.MU18 | 103.M |
| 145 | 1096 Hoffbauer, Sandra | 1977 SV Altenbuch | 29:49 | 5.W40 | 42.W |
| 146 | 1071 Amrhein, Anna | 1993 Junge Union Miltenberg | 29:50 | 6.W23 | 43.W |
| 147 | 1036 Pletschke, Martina | 1970 Barbarossalauf Erlenbach | 29:50 | 9.W45 | 44.W |
| 148 | 1085 Buettner, Frank | 1968 | 30:10 | 11.M45 | 104.M |
| 149 | 1010 Körbs, Elisabeth | 1995 TV Erlenbach Volleyball | 30:15 | 2.WU23 | 45.W |
| 150 | 1114 Platz, Rene | 1978 | 30:15 | 12.M35 | 105.M |
| 151 | 1077 Böhme, Kristin | 1987 | 30:17 | 4.W30 | 46.W |
| 152 | 1141 Rohleder, Melissa | 1992 | 30:22 | 7.W23 | 47.W |
| 153 | 1112 Müller, Jasmin | 1998 Drahtesel-lützelbach.de | 30:24 | 5.WU20 | 48.W |
| 154 | 1121 Seitz, Laura | 1999 EFG Erlenbach | 30:25 | 6.WU20 | 49.W |
| 155 | 1095 Herrschaft, Peggy | 1974 | 30:29 | 6.W40 | 50.W |
| 156 | 1142 Urner, Monika | 1989 | 30:34 | 8.W23 | 51.W |
| 157 | 1053 Staab, Birgit | 1969 | 30:45 | 10.W45 | 52.W |
| 158 | 1118 Rehm, Viola | 1969 | 30:54 | 11.W45 | 53.W |
| 159 | 1186 Zöllner, Paul | 1957 ELT Großeheubach | 30:57 | 9.M60 | 106.M |
| 160 | 1167 Reichert, Andrea | 1991 | 31:05 | 9.W23 | 54.W |
| 161 | 1187 Blank, Stefanie | 1965 TV Großwallstadt | 31:06 | 5.W50 | 55.W |
| 162 | 1188 Blank, Klaus | 1965 TV Großwallstadt | 31:07 | 12.M50 | 107.M |
| 163 | 990 Gehrsitz, Katja | 1975 Barbarossalauf Erlenbach | 31:08 | 7.W40 | 56.W |
| 164 | 1078 Breitenbach, Robert | 1951 OPTIMUM Sportbrillen | 31:10 | 4.M65 | 108.M |
| 165 | 1143 Gründer, Helmut | 1957 | 31:10 | 10.M60 | 109.M |
| 166 | 1007 Kempf, Johanna | 1996 | 31:11 | 3.WU23 | 57.W |
| 167 | 1035 Pfirrmann, Saskia | 2006 Barbarossalauf Erlenbach | 31:12 | 1.WU12 | 58.W |
| 168 | 1030 Penz, Katrin | 1967 TV Kleinwallstadt | 31:13 | 6.W50 | 59.W |
| 169 | 1048 Schütt, Meike | 1975 | 31:15 | 8.W40 | 60.W |
| 170 | 1103 Kleinschrodt, Ralf | 1977 | 31:25 | 10.M40 | 110.M |
| 171 | 1170 Heider, Simone | 1977 TV Mömlingen | 31:33 | 9.W40 | 61.W |
| 172 | 1171 Burwitz-Lang, Stefanie | 1978 TV Mömlingen Lauf10 | 31:33 | 13.M35 | 111.M |

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| | Name | Verein | Zeit | | |
|-----|----------------------------|----------------------------------|-------|--------|-------|
| 173 | 1006 Kempf, Bernhard | 1962 | 31:35 | 6.M55 | 112.M |
| 174 | 1145 Zöllner, Pauline | 1994 | 31:42 | 10.W23 | 62.W |
| 175 | 1144 Zöllner, Eva | 1994 | 31:42 | 11.W23 | 63.W |
| 176 | 974 Bauersachs, Melina | 1997 Laufteam Miltenberg | 31:42 | 4.WU23 | 64.W |
| 177 | 1072 Bamrung, Patcharaphon | 1997 | 31:45 | 5.WU23 | 65.W |
| 178 | 1160 Traxler, Siegfried | 1944 | 31:50 | 1.M70 | 113.M |
| 179 | 1184 Schindler, René | 1982 | 31:50 | 14.M35 | 114.M |
| 180 | 1042 Rothaug, Dr.Thomas | 1955 | 31:51 | 11.M60 | 115.M |
| 181 | 1025 Müller, Annika | 1982 TV Mömlingen Lauf10 | 31:52 | 6.W35 | 66.W |
| 182 | 992 Giegerich, Susanne | 1971 TV Mömlingen Lauf10 | 31:52 | 12.W45 | 67.W |
| 183 | 1005 Kelm, Jessica | 1984 | 31:53 | 5.W30 | 68.W |
| 184 | 1064 Wörner, Uta | 1983 | 31:54 | 6.W30 | 69.W |
| 185 | 1125 Stoer, Wiltrud | 1964 Familie Brenner | 32:13 | 7.W50 | 70.W |
| 186 | 1153 Müller, Hilbert | 1935 LAZ Obernburg - Miltenberg | 32:21 | 1.M80 | 116.M |
| 187 | 1084 Brunn, Daniela | 1981 | 32:53 | 7.W35 | 71.W |
| 188 | 1134 Wolf, Kalli | 1964 SC Güttersbach | 32:55 | 13.M50 | 117.M |
| 189 | 1088 Geis, Eva | 1985 Junge Union Miltenberg | 33:02 | 7.W30 | 72.W |
| 190 | 1111 Müller, Janina | 1995 Drahtesel-lützelbach.de | 33:17 | 6.WU23 | 73.W |
| 191 | 1068 Zirm, Theresa | 1999 TV Mömlingen Lauf10 | 33:25 | 7.WU20 | 74.W |
| 192 | 1174 Pahl, Simone | 1968 TV Mömlingen | 33:25 | 13.W45 | 75.W |
| 193 | 1052 Sitzmann, Heinz | 1941 TV Bad Brückenau | 33:33 | 2.M75 | 118.M |
| 194 | 1117 Rauck, René | 1984 | 33:36 | 7.M30 | 119.M |
| 195 | 1038 Rassow, Ricarda | 1990 | 34:06 | 12.W23 | 76.W |
| 196 | 1057 Stripp, Simone | 1980 | 34:10 | 8.W35 | 77.W |
| 197 | 995 Hahn, Peter | 1957 | 34:43 | 12.M60 | 120.M |
| 198 | 1045 Schindler, Eva | 1991 | 35:29 | 13.W23 | 78.W |
| 199 | 1128 Völker, Jacqueline | 1979 Eschau | 35:33 | 9.W35 | 79.W |
| 200 | 1012 Krank, Sigrun | 1969 Die tapferen Schneiderlein | 36:40 | 14.W45 | 80.W |
| 201 | 1175 Wauer, Petra | 1966 | 37:02 | 8.W50 | 81.W |
| 202 | 1131 Pirvaladova, Irada | 1992 Altenpflegeschule Erlenbach | 37:21 | 14.W23 | 82.W |
| 203 | 1122 Soter, Bernd | 1962 Altenpflegeschule Erlenbach | 37:39 | 7.M55 | 121.M |
| 204 | 1110 Müller, Daniel | 1985 Junge Union Miltenberg | 38:26 | 8.M30 | 122.M |
| 205 | 1016 Laubender, Ingrid | 1938 TV Sulzbach | 41:50 | 1.W75 | 83.W |
| 206 | 1013 Krüger, Thorsten | 1968 | 42:46 | 12.M45 | 123.M |
| 207 | 1051 Silvia, Jugl | 1971 | 42:46 | 15.W45 | 84.W |
| 208 | 1109 Mäurer, Nancy | 1978 Altenpflegeschule Erlenbach | 43:30 | 10.W35 | 85.W |
| 209 | 1108 Maurer, Marinela | 1974 Altenpflegeschule Erlenbach | 43:31 | 10.W40 | 86.W |